

## It's healthy to ask questions about COVID-19 treatments, including vaccines.

Vaccine development generally takes 5-15 years.<sup>1, 2</sup>

COVID-19 vaccines were given Emergency Use Authorization (EUA) after only a few months of follow up data and have not been fully approved by the FDA.<sup>3</sup>

There are no long-term safety studies of COVID-19 vaccines, and the placebo groups for the current trials have now received the vaccine – making it even harder to assess long term safety.<sup>4</sup>

<sup>1</sup> <https://www.historyofvaccines.org/content/articles/vaccine-development-testing-and-regulation>

<sup>2</sup> <https://coronavirus.jhu.edu/vaccines/timeline>

<sup>3</sup> <https://www.cdc.gov/vaccines/covid-19/eua/index.html>

<sup>4</sup> <https://www.npr.org/sections/health-shots/2021/02/19/969143015/long-term-studies-of-covid-19-vaccines-hurt-by-placebo-recipients-getting-immuni>

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## There are many treatment options for COVID-19.

There are proven, effective prevention and treatment options for COVID-19, such as Ivermectin, Hydroxychloroquine, Budesonide, and immune-strengthening supplements including Zinc and Vitamins D and C.<sup>1-3</sup>

People who have already had COVID-19 may have natural immunity.

## It is a fundamental human right to be able to make our own medical choices, including alternatives to vaccines.

<sup>1</sup> <https://covid19criticalcare.com/>

<sup>2</sup> <https://articles.mercola.com/sites/articles/archive/2020/07/04/coronavirus-prevention-vitamin-d.aspx>

<sup>3</sup> <https://www.americasfrontlinedoctors.com/treatments>

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## Are you being pressured to receive a COVID-19 vaccine?

### Know your rights.

These vaccines do not have full FDA approval, and are authorized for Emergency Use only.

Federal statute FDA 21 U.S. Code § 360bbb–3, which covers Emergency Use Authorization for medical products, requires that *individuals who receive a medical product approved for emergency use must first be informed “of the option to accept or refuse administration of the product...and of the alternatives to the product that are available.”*<sup>1, 2</sup>

<sup>1</sup> <https://www.govinfo.gov/app/details/USCODE-2011-title21/USCODE-2011-title21-chap9-subchapV-partE-sec360bbb-3/summary>

<sup>2</sup> <https://www.fda.gov/vaccines-blood-biologics/vaccines/emergency-use-authorization-vaccines-explained>

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## Vaccine passports are discrimination and surveillance!

We all have the basic human right to choose what we want for our own bodies.

Vaccine passports violate this right and turn people who legally refuse vaccination into second-class citizens. Vaccine passports violate the medical privacy ensured by the Americans with Disabilities Act (ADA), the right to assemble peacefully (1<sup>st</sup> Amendment), and the right to be secure from unreasonable search and seizure (4<sup>th</sup> Amendment).

The World Health Organization, tech industry and the U.S. government are compromising medical codes of ethics with these passports.

<https://www.who.int/groups/smart-vaccination-certificate-working-group>  
<https://www.usnews.com/news/health-news/articles/2021-03-29/biden-administration-working-on-vaccine-passport-initiative>

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## Ask Healthy Questions

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Support is available.**

*When many people around you are choosing a vaccine but you have important questions, it can be challenging.*

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## No Symptoms? No Spread!

Asymptomatic transmission is very rare. Several recent studies show that **people who do not have COVID-19 symptoms very rarely spread this illness.**<sup>1</sup>

Mask mandates, school closures, and business restrictions don't make sense for those without symptoms. Only people who are sick need to stay home.

**End the lockdowns. They are not needed to stop spread, and they are harming many people.**

<sup>1</sup> "Household Transmission of SARS-CoV-2" - December 2020 Journal of the American Medical Association - Meta-analysis of 54 studies with 77,758 participants found 25x greater risk of transmission from symptomatic cases than asymptomatic cases. Symptomatic cases resulted in household transmission in 18% of cases, whereas asymptomatic cases resulted in household transmission in only 0.7% of cases. In layman's terms, the study found that there was an average of less than one transmission out of 100 asymptomatic carriers in the same household.

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## Adverse Reactions & Deaths from COVID-19 Vaccines

Millions of doses of COVID-19 vaccines have been administered in the USA thus far. As of May 14, 2021, a **total of 227,805 negative reactions** related to COVID-19 vaccines have been reported to the CDC's Vaccine Adverse Events Reporting System (VAERS)<sup>1</sup>, including:

- **4,201 deaths**, with the youngest deaths in two 15-year-olds
- **18,528 serious reactions**, such as anaphylactic shock and cardiac arrest
- **1,278 cases of Bell's Palsy** (facial paralysis)
- **351 miscarriages and preterm births**

Vaccine reactions are known to be greatly under-reported to VAERS. It has been estimated that fewer than 1% of adverse reactions are reported to the VAERS.<sup>2</sup>

<sup>1</sup> <https://vaers.hhs.gov/data.html>

<sup>2</sup> <https://thevaccinereaction.org/2020/01/only-one-percent-of-vaccine-reactions-reported-to-vaers/>

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## Did you know that many people greatly overestimate the risks of COVID-19?

We've learned a lot over the last year:

1. Transmission from surfaces is very rare, less than 1 in 10,000.
2. Outdoor transmission is very rare.
3. People who do not have symptoms rarely transmit COVID-19, with an average of less than 1 transmission out of 100 in the same household. The rate of transmission would be even lower in passing interactions in public.
4. COVID-19 severity is age dependent. There is a >99% survival rate for people under age 70.
5. COVID-19 is less severe and deadly for children and young people than influenza.

<sup>1</sup> <https://www.cdc.gov/coronavirus/2019-ncov/more/science-and-research/surface-transmission.html>

<sup>2</sup> <https://pubmed.ncbi.nlm.nih.gov/33249484/>

<sup>3</sup> <https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2774102>

<sup>4</sup> <https://onlinelibrary.wiley.com/doi/10.1111/eci.13554>

<sup>5</sup> [https://www.cdc.gov/flu/symptoms/flu-vs-covid19.htm#anchor\\_1595599512](https://www.cdc.gov/flu/symptoms/flu-vs-covid19.htm#anchor_1595599512)

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## Vitamin D and COVID-19

Low Vitamin D levels have been linked to increased risk of:

- contracting COVID-19
- developing severe illness with COVID-19
- dying from COVID-19

People are more likely to be Vitamin D deficient in the winter. Also, those with dark skin are more likely to be Vitamin D deficient because darker skin creates less Vitamin D through sun exposure.

You can boost your vitamin D level through Vitamin D3 supplements, sun exposure on your skin, and foods such as organ meats, with smaller quantities in clams, salmon, and egg yolks.

<https://www.mdpi.com/2072-6643/12/11/3361/htm>

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